

CURRICULUM VITAE

Sabina SIERI

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Studi e formazione

2012-2013- Abilitazione per il ruolo di Professore di Seconda fascia per il settore concorsuale 06/M1 Igiene generale e applicata.

1996-1999- Diploma di scuola di specializzazione in Scienza dell’Alimentazione, indirizzo Nutrizionistico Generale. Voto conseguito 70/70 e lode. Titolo della Tesi “Dieta e rischio di tumore della mammella in donne in menopausa: risultati dello studio prospettico ORDET”. Università degli Studi di MILANO

1995 - Abilitazione alla professione di biologo (II sessione- Pavia).

1994 - Diploma di laurea in Scienze Biologiche. Voto conseguito 101/110. Titolo della Tesi “Valutazione immunoistochimica dell’espressione del Pepsinogeno II, della Proteina p53, e della reattività alle Lectine nel carcinoma prostatico”. Università degli Studi di MILANO

1988 - Maturità Scientifica Liceo Scientifico Statale di Gallarate.

Esperienze lavorative

Aprile 2023 a tutt’oggi: direttore f.f della Struttura Complessa di Epidemiologia e Prevenzione.

Settembre 2022 a marzo 2023: dirigente biologo del ruolo sanitario presso la Struttura Complessa di Epidemiologia e Prevenzione della Fondazione IRCCS Istituto Nazionale dei Tumori

2020 ad agosto 2022: ricercatrice con contratto a tempo determinato ricerca sanitaria presso la Struttura Complessa di Epidemiologia e Prevenzione della Fondazione IRCCS Istituto Nazionale dei Tumori

2002-dicembre 2019: incarico di dirigente biologo del ruolo sanitario presso la Struttura Complessa di Epidemiologia e Prevenzione della Fondazione IRCCS Istituto Nazionale dei Tumori

Da 2019 a tutt’oggi: docente incaricato per lo svolgimento di attività didattica di Epidemiologia nell’ambito del Master di Nutrizione in Oncologia nel modulo “Ruolo della nutrizione nelle principali patologie oncologiche, dalla prevenzione primaria e secondaria, al ruolo della malnutrizione”. Università di Pavia.

Da 2022 a tutt'oggi: docente incaricato per lo svolgimento di attività didattica di Epidemiologia nell'ambito del Master I livello per dietisti "Nutrizione e Dietetica Applicata nel Paziente Oncologico" nel modulo "metodologie di ricerca". Università di Milano

2020: Internal supervisor per "International Graduate Program" della Fondazione IRCCS Istituto Nazionale Tumori in collaborazione con la UK Open University.

A.A 2006-2007: docente incaricato per lo svolgimento di attività didattica nell'ambito del Corso di Laurea in Infermieristica - Sezione Istituto Nazionale dei Tumori- Master Infermieristico Oncologia e Cure Palliative nel modulo "Prevenzione e diagnosi precoce-Epidemiologia analitica".

A.A 2004-2005: docente incaricato del corso di Epidemiologia nell'ambito del Corso di laurea in Informazione Scientifica sul Farmaco per presso la Facoltà di Farmacia dell'università di Bologna.

A.A 2003-2004: docente incaricato del corso di Epidemiologia nell'ambito del Corso di laurea in Informazione Scientifica sul Farmaco per presso la Facoltà di Farmacia dell'università di Bologna.

1999-2001: ricercatrice (collaborazione professionale) presso l'Unità di Epidemiologia Nutrizionale dell'Istituto per lo Studio e la Cura dei Tumori di Milano nell'ambito dei progetti "European Prospective Investigation into Cancer and Nutrition (EPIC) e ORDET".

1999: esperienza lavorativa nella regione del Maranhao, nord-est Brasile nell'ambito del Progetto "Emergenza Infanzia": corsi di educazione alimentare per addestrare il personale in loco, analisi biochimiche di laboratorio, attività ambulatoriale in campo nutrizionale.

1998: esperienza lavorativa nella regione del Maranhao (Amarante), nord-est del Brasile nell'ambito del Progetto "Emergenza Infanzia": analisi biochimiche di laboratorio, attività ambulatoriale in campo nutrizionale.

1997-1998: borsista presso l'Unità di Epidemiologia Nutrizionale dell'Istituto per lo Studio e la Cura dei Tumori di Milano nell'ambito del progetto "European Prospective Investigation into Cancer and Nutrition (EPIC)"

1996: collaborazione professionale con la Divisione di Epidemiologia e Biostatistica dell'Istituto Oncologico Europeo per la creazione di una Banca Dati di composizione degli alimenti per studi epidemiologici.

Attività scientifica

2022-tutt'oggi: coordinamento (PI) del progetto "YouGoody: studio prospettico online su dieta e stili di vita per la prevenzione delle malattie cronico-degenerative" che si propone di reclutare un grande campione di popolazione utilizzando dei canali già preesistenti ("Clienti" della grande distribuzione) al fine di costituire una coorte prospettica il cui obiettivo primario è individuare profili nutrizionali e di stile di vita poco salutari quali fattori di rischio delle malattie cronico-

degenerative e verificare nel tempo quali sono gli stili di vita più efficaci per prevenire l'insorgenza delle malattie cronico-degenerative.

2023: PI del Progetto "EPIC (European Prospective Investigation into Cancer and Nutrition)", studio prospettico su dieta e cancro in corso in nove paesi europei.

2022: vincita del bando del Piano Nazionale di Ripresa e Resilienza (PNRR) del Ministero della Salute, con il progetto dal titolo "Beyond BMI: external exposome, dysbiosis and systemic inflammation in the development of overweight-related chronic diseases in women" (PI-finanziamento biennale) che si propone di valutare la variazione del rischio di sviluppare malattie croniche legate al sovrappeso e obesità confrontando i livelli di alcuni biomarkers in donne in sovrappeso/ obese metabolicamente sane e non sane.

2021: vincita bando di Ricerca Finalizzata 2019 del Ministero della Salute, categoria "Change promoting", con il progetto dal titolo "Metabolic syndrome and risks of breast cancer and cardiovascular disease: a systems biology approach applied to epidemiological studies to identify predictive biomarkers and pathological molecular pathways" (PI-finanziamento triennale), il cui obiettivo è quello di identificare delle pathway alterate, mediante analisi di proteomica e metabolomica, sottostanti all'associazione tra la sindrome metabolica e l'insorgenza del tumore della mammella o di un evento cardiovascolare in donne in menopausa.

2021-2023: coordinamento (PI) delle analisi dei livelli plasmatici dei metalli nell'ambito del progetto collaborativo con la IARC "Micronutrients and risk of differentiated thyroid carcinoma: the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort", che si propone di studiare il ruolo dei micronutrienti nell'insorgenza del tumore della tiroide nel progetto Europeo EPIC.

2021-tutt'oggi: Co-PI del progetto ERC Starting Grant 2021 "Deciphering the Exposome by Metabolomic Technology in Breast Cancer – EXPOMET", che propone l'utilizzo di un metodo pionieristico, basato sulla spettrometria di massa, per valutare su scala omica le esposizioni chimiche, coordinato dall'Università di Vienna

2020-2024: coordinamento (PI) del progetto "Metabolic syndrome-gut axis: metabolic endotoxaemia": progetto istituzionale sul ruolo dell'endotossemia metabolica nello sviluppo della sindrome metabolica e del tumore della mammella che si propone di misurare i livelli plasmatici di lipopolisaccaride e zonulina.

2020-tutt'oggi: partecipazione al progetto multicentrico "DEMETRA", che si propone di confrontare fattori di rischio dietetici e dello stile di vita in nazioni con alta incidenza di tumori del colon-retto in pazienti giovani (eoCRC) con quelli di nazioni con incidenza stabile /ridotta.

2019-2022: partecipazione al progetto “Impariamo a mangiar bene” in collaborazione con Esselunga per la stesura di materiale divulgativo al fine di diffondere/ promuovere il consumo di alimenti salutari tra la clientela della grande distribuzione.

2016: vincita del del bando dell'Associazione Italiana per la Ricerca sul Cancro (AIRC) con il progetto dal titolo “Role of inorganic xenoestrogens and their binding proteins in risk of developing breast cancer subtypes” (PI-finanziamento triennale) il cui obiettivo è quello di testare l'ipotesi che i metalloestrogeni siano associati ad un aumentato rischio di sviluppare il tumore della mammella e dei diversi sottotipi molecolari nello studio prospettico ORDET (ORmoni e Dieta nell'Eziologia del Tumore della Mammella).

2011: vincita bando della Ricerca Finalizzata 2009 del Ministero della Salute, categoria “Change promoting”, con il progetto dal titolo “Role of nutrients involved in one-carbon metabolism in the development of different molecular subtypes of breast cancer in the ORDET cohort” (PI-finanziamento triennale), il cui obiettivo è quello di studiare nelle donne che hanno partecipato sia allo studio prospettico EPIC che ORDET il ruolo delle vitamine del gruppo B (sia in termini di consumo che di livelli plasmatici) nell'insorgenza dei differenti sottotipi molecolari di tumore della mammella.

2001 -2025: Collaborazione come PI o Co-PI nei seguenti progetti:

Progetto EPIC (European Prospective Investigation into Cancer and Nutrition) website: <http://epic.iarc.fr/> → studio prospettico su dieta e cancro in corso in nove paesi europei (Francia, Germania, Grecia, Italia, Olanda, Regno Unito, Spagna, Svezia, Danimarca) che ha reclutato circa 400.000 soggetti sani. Gli obiettivi del progetto sono tutte le ipotesi aperte sulla relazione dieta-cancro concernenti vitamine, fibre vegetali e carboidrati indigeribili, zuccheri semplici, i grassi nelle loro differenti forme di saturazione, il colesterolo, le proteine animali, gli oligoelementi. Finanziato dalla Commissione Europea

- EPIC-Italy (Molecular Epidemiology Prospective Project on Diet, Genetic Susceptibility and Cancer Risk). Studio sulla suscettibilità genetica e rischi di tumore, nella coorte italiana di EPIC. Finanziato dall'AIRC
- EPICOR Studio sulla relazione tra abitudini alimentari ed incidenza di eventi cardiovascolari maggiori e minori nell'ambito della collaborazione EPIC, in Italia ed in Europa. Finanziato dalla Fondazione SanPaolo
- EPIC-HEART (web site <http://www.epicheart.eu/>). Studio sull'interazione tra fattori genetici, biochimici e stile di vita e rischio di malattia coronarica.
- EPIC ELDERLY NAH (Elderly Network on Ageing and Health). Studio sulla qualità dell'invecchiamento nella popolazione anziana europea e sull'identificazione dei possibili predittori di una "sana vecchiaia" legati ai diversi stili di vita usando le informazioni raccolte sia al reclutamento che durante il follow up della coorte EPIC. Finanziato dalla Commissione Europea, DG SANCO.
- INTERACT (website: <http://www.inter-act.eu>). Studio sull'interazione gene-ambiente in rapporto all'incidenza del diabete di tipo 2 nella coorte EPIC Europea; coordinato a livello europeo dal Medical Research Council (MRC) di Cambridge nell'ambito del VI Programma Quadro (FP6).

- PANACEA (Physical Activity, Nutrition, Alcohol, Cessation of Smoking, Eating out of Home and Obesity). Studio sulle cause dell'obesità, valutata come importante fattore di rischio di molte malattie cronico-degenerative (tra cui i tumori e le malattie cardiovascolari) e delle sue relazioni con altri determinanti dello stile di vita quali l'attività fisica, la dieta, il consumo di alcol e l'abitudine al fumo. Coordinato dall'Università di Utrecht e finanziato dalla Commissione Europea - DG SANCO.
- NeuroEPIC. Studio sugli effetti dei fattori genetici e ambientali (tra cui lo stile di vita, l'esposizione ambientale, marcatori biochimici, proteomica e metabolomica) sul rischio e l'esito delle malattie neurodegenerative.

Progetto ORDET (Studio prospettico su ormoni e dieta nell'eziologia del carcinoma della mammella) → studio prospettico basato sul follow up di una coorte di 10788 donne sane della provincia di Varese i cui obiettivi riguardano il chiarimento del ruolo degli ormoni sessuali nella patogenesi del carcinoma mammario, accertare e quantificare il ruolo biologico delle abitudini alimentari e studiare le eventuali relazioni tra ormoni e dieta e con altri fattori di rischio.

- Progetto ENDOMETRIAL CANCER CONSORTIUM (E2C2) il cui obiettivo è quello di studiare l'effetto sul rischio delle varianti genetiche implicate nella biosintesi e metabolismo degli estrogeni compresi interazioni gene-gene e gene-ambiente; dell'obesità, distribuzione del grasso corporeo e dei livelli ormonali; di particolari aspetti della dieta come fitoestrogeni, alimenti ad alto indice glicemico ed antiossidanti; fattori di rischio per istotipi rari (sieroso e a cellule chiare)
- Progetto POOLING. (website: <http://www.hsph.harvard.edu/poolingproject/about.html>) il cui scopo è quello di valutare l'associazione tra fattori di rischio dietetici e l'insorgenza di tumori nei principali studi di coorte Europei ed Americani
- Progetto "Endogenous Hormones and Pre-menopausal Breast Cancer Risk" con richiamo telefonico delle coorti EPIC ed ORDET, finanziato dal NIH-NCI.
- Endogenous Hormones and Breast Cancer Collaborative Group, progetto collaborativo internazionale che riunisce 18 studi prospettici con l'obiettivo di studiare il ruolo degli estrogeni, androgeni e fattori di crescita nell'eziologia del tumore della mammella.
- Biomarkers and Breast Cancer Prediction in Younger Women, progetto collaborativo internazionale che riunisce 8 coorti per studiare l'associazione tra i livelli circolanti di ormone anti-mulleriano e rischio di tumore della mammella nelle donne in premenopausa e per valutare se l'aggiunta di biomarker ormonali al secondo modello di Gail ne migliora la capacità predittiva;
- Prospective Study of Serum MIS and Gynecologic Cancer Risk, progetto collaborativo internazionale che riunisce 9 coorti per studiare l'associazione tra i livelli circolanti di ormone anti-mulleriano e rischio di tumore dell'ovaio e dell'endometrio nelle donne giovani.
- Progetto DIETSCAN il cui scopo è quello di sviluppare ed applicare un comune approccio metodologico, l'analisi fattoriale, per esaminare e comparare i pattern di consumo alimentare in 4 nazioni europee: Finlandia, Italia, Svezia e Olanda e quindi collegarli al rischio di tumore
- Changes in weight and inflammation markers in relation to breast cancer risk: a nested case-control study. Progetto finanziato da AIRC il cui obiettivo è quello di testare l'ipotesi cambiamenti nei biomarker sierici di infiammazione (CRP, TNF- α , IL-6, leptina e

adiponectina) associati a cambiamenti di peso, siano in relazione con lo sviluppo del cancro al seno in generale e anche a diversi sottotipi molecolari del cancro al seno.

Progetto ALPINI (Studio prospettico su abitudini di vita e salute) → Scopo del progetto è di saggiare le principali ipotesi eziologiche su alimentazione e malattie cronico-degenerative in condizioni di elevata variabilità di esposizione in una coorte di 13.000 uomini.

Progetto IDEFICS (Identification and Prevention of Dietary- and lifestyle- induced health effects in Children and Infants) website: www.idefics.eu) → Scopo del progetto è di studiare le abitudini alimentari dei bambini di età compresa tra 2 e 10 anni e di mettere a punto degli studi di intervento atti a modificare i fattori di rischio associati a sovrappeso, obesità e sindrome metabolica. Il progetto di ricerca IDEFICS è uno studio multicentrico finanziato nell'ambito del VI Programma Quadro (FP6), coordinato dall' Università di Brema. Tra i principali obiettivi:

1. l'ampliamento delle conoscenze di quanto i rapidi cambiamenti osservati negli ultimi decenni nello stile di vita dei paesi europei (comportamenti alimentari, attività fisica etc.), possano influenzare lo stato di salute dei giovani europei.
2. lo sviluppo, l'implementazione e la validazione di interventi specifici atti a ridurre la prevalenza di patologie associate alle abitudini alimentari ed allo stile di vita nei giovani europei.

Progetto IMMIDIET. Studio sulla valutazione della dieta abituale di tre popolazioni europee con differente rischio per infarto miocardico (Italia, Belgio e Inghilterra) e l'impatto della migrazione (Italia-Belgio) come un modello di interazione geni-ambiente.

2019: Partecipazione al Progetto Istituzionale MICROMELA sul ruolo della dieta e microbiota intestinale in pazienti con melanoma avanzato in trattamento immunoterapico.

2016: Partecipazione alla stesura del CONSENSUS HELP (Human early life prevention): Prevenzione precoce delle malattie non trasmissibili e promozione di un corretto sviluppo neuro cognitivo coordinata dalla Società Italiana di Pediatria Preventiva e Sociale) con particolare riguardo alla sezione sui fattori di rischio per i tumori infantili.

2016-tutt'oggi: coordinamento gruppo di lavoro, nell'ambito della Società Italiana di Nutrizione Umana, sulle diete vegetariane con l'obiettivo di fare una revisione sistematica della letteratura scientifica sulle diete vegetariane, le malattie cardiometaboliche sindrome metabolica, diabete e malattie cardiovascolari) e i vari fattori di rischio (obesità, dislipidemie e ipertensione). (<http://www.sinu.it/html/pag/gruppi-di-studio---diete-vegetariane.asp>).

2013-2016: coordinamento gruppo di lavoro, nell'ambito della Società Italiana di Nutrizione Umana, sulle diete vegetariane con la specifica finalità di rivedere sistematicamente la letteratura e valutare le evidenze scientifiche sull'argomento, al fine di fornire un parere scientifico su come massimizzare i benefici e minimizzare i rischi per chi segue questo tipo di diete vegetariana-vegana. (<https://sinu.it/wp-content/uploads/2019/07/documento-diete-veg-esteso-finale-2018.pdf>; <https://www.sciencedirect.com/science/article/pii/S0939475317302600?via%3Dihub>)

2001-2006: collaborazione alla realizzazione del secondo report del World Cancer Research Fund (WCRF) "Food, Nutrition, Physical Activity and the Prevention of cancer: a Global perspective" (website: http://www.wcrf.org/cancer_research/cup/second_expert_report.php)

Revisione sistematica di tutta la letteratura scientifica sul rapporto fra alimentazione e tumori allo scopo di studiare in che misura dieta, attività fisica e composizione corporea possano modificare il rischio di tumore, con il fine ultimo di diffondere raccomandazioni basate su solide evidenze scientifiche per ridurre l'occorrenza del cancro.

Altre attività

2013-2016: elezione nella Commissione permanente di Nutrizione dell'Ordine Nazionale dei Biologi ONB (website <http://www.onb.it>)

2013: elezione nel Consiglio Direttivo per il triennio 2013 – 2016 della Società Italiana di Nutrizione Umana SINU (website <http://www.sinu.it>)

2009: elezione nel Consiglio Direttivo per il triennio 2010 – 2012 della Società Italiana di Nutrizione Umana SINU (website <http://www.sinu.it>)

Lingue Straniere

Inglese scritto e parlato.

Attestati:

Congressi:

Relatore:

- Convegno "Dieta e Cancro" - Oncologia e Medico di famiglia, incontri di aggiornamento 2000, Centro di Riferimento Oncologico di Basilicata- Rionero 28 Novembre 2000.
- Convegno "Alimenti e nutrizione: una base fondamentale per la tutela della salute" - Milano, 25 Maggio 2001.
- Convegno "Nutrizione: dai bisogni alle risposte"- Salsomaggiore Terme (PR), 10-12 Ottobre 2002.
- Convegno "Professione Dietista: dai fondamenti della buona pratica agli orientamenti attuali in materia di salute pubblica, clinica e riabilitazione" - Milano, 12-14 Maggio 2011.
- Convegno "Nutrizione e Rischio Cardiovascolare" - Napoli 12-13 Ottobre 2011.
- Convegno "Alimentazione e Tumori: dalla prevenzione al supporto nutrizionale"- Milano 5 Ottobre 2012.
- IV Conferenza Nazionale: "Alimentazione, Nutrizione e Salute" - Roma 15-16 Dicembre 2012
- Convegno "Novità In Tema di Alimentazione e Tumori", Piacenza 28 Febbraio 2014
- Riunione Nazionale SINU: "Nutrizione: Perimetri & Orizzonti", Roma, 20-21 Ottobre 2014

- Convegno “Strumenti di sorveglianza nutrizionale: luci e ombre”, Bologna 28 Novembre 2014
- Congresso Nazionale IART, Cremona 7-8 Maggio 2015
- XXXIX congresso Associazione Italiana di Epidemiologia “Alimentazione e salute nell’era della globalizzazione”, Milano 27-30 Ottobre 2015
- Convegno “Il ruolo del caffè sulla salute: le più aggiornate evidenze dalla ricerca scientifica”, Milano 10 Marzo 2016
- Corso ECM, “Dieta Mediterranea e dintorni”, Pozzilli 5 Aprile 2016
- Congresso Nazionale “Nutrizione e terapie oncologiche: prevenire e curare”, Napoli 12-13 Maggio 2016
- Convegno “Alimentazione e tumori: update tra scienza e salute”, Torino 27 Maggio 2016
- Convegno “Dieta Mediterranea e Fitonutrienti”, Firenze 11-12 Giugno 2016
- Conferenza Nazionale ONB “Nutrizione Benessere Alimenti E Nutraceutica”, Bologna 10-11 Settembre 2016
- Riunione Monotematica SINPE, “Nutrizione E Oncologia”, Trieste 10-12 Novembre 2016
- Convegno AIOM SINPE FAVO “La terapia nutrizionale in oncologia”, Milano 11 Maggio 2017
- XI Forum di Nutrizione Pratica NutriMI “Connettersi, Conoscere, Curare”, Milano 20-21 Aprile 2017
- Convegno “Dal Food al Dietary Pattern per La Prevenzione e La Terapia del Bambino”, Milano 8 Maggio 2017
- XXVII Congresso Di Oncologia Trevigliese “Un incidente di percorso”, Treviglio 28 settembre 2017
- Convegno SINPE SPRING EVENT “Advances in Specialized Artificial Nutrition”, Perugia 15-16 Marzo 2018
- Convegno Regionale SINU “Diete Vegetariane e Salute”, Pavia 5 Ottobre 2018
- Convegno SINPE SPRING EVENT “Advances in Specialized Artificial Nutrition”, Roma 14-15 Marzo 2019
- XIII Forum di Nutrizione Pratica NutriMI, Milano 11-12 Aprile 2019
- Convegno “Dieta Mediterranea e Chetogenica”, Firenze 15-16 Giugno 2019
- Convegno “Oncologia: Evoluzione delle Conoscenze”, Monza 10 Luglio 2019
- XL Congresso Nazionale SINU 2019, Genova 27-29 Novembre 2019
- Convegno “Nutrizione e dintorni nel bambino”, Milano 3 Luglio 2020.
- Convegno “Kaleidoscope of Nutritional Intervention in Oncology”, INT Milano 3-4 Luglio 2020
- Seminario online “Metabolic syndrome and risks of breast cancer and cardiovascular disease: a systems biology approach applied to epidemiological studies to identify predictive biomarkers and pathological molecular pathways” organizzato dal Dipartimento di Ricerca INT 14 Dicembre 2020
- Convegno “Nutrizione in Oncologia”, Pavia 25 Settembre 2021
- Convegno “Alimentazione e tumori: facciamo il punto, Parma 22 Ottobre 2021

Partecipante:

- Convegno: “Oncologia oggi”. Varese, 3 Dicembre 1994.
- Seminario: “Proliferazione cellulare ed apoptosi”. Pavia, 2 Giugno 1995
- Seminario: “In situ PCR”. Milano, 27 Marzo 1995.
- Convegno: “Markers di effetto biologico precoce: indicatori di esposizione o di rischio”. Milano, 5 Novembre 1996.

- Seminario nazionale: "La prevenzione primaria dei tumori, presupposti scientifici e strategie operative". Firenze, 18 Aprile 1997.
- Seminario: "Aggiornamento in Oncologia Medica". Milano, 20 Ottobre 1997.
- Seminario: "Melanoma: ricerca, diagnosi, trattamento". Milano, 19 Dicembre 1997.
- Workshop : "European Study Group for Serum Tumor Markers in Breast Cancer", Milano, 28 Settembre 1998.
- Seminario: "Neoplasie Polmonari- evoluzione delle conoscenze". Milano, 8 Giugno 1998
- Convegno: "Impiego e controllo degli organismi geneticamente modificati nei formulari alimentari". Milano, 3 Marzo 2000.
- Convegno "Food & Nutrition for Better Health". Santa Maria Imbaro, 13-15 Giugno 2001
- Convegno "Nutrition & Cancer" Lione, 21-24 Giugno 2001
- Convegno "Diabete- Obesità". Milano, 28 Marzo 2002
- Convegno "Stili di vita e frequenza delle malattie in Italia", Napoli, 24 - 26 Settembre 2002
- Convegno "Nuove acquisizioni in tema di regolazione del comportamento alimentare", Pavia, 24 Giugno 2003
- Convegno "La Sicurezza Alimentare: un problema medico-sociale. La carne dalla fattoria alla forchetta. Milano, 24 Maggio 2003
- Convegno "Ambiente e Salute: nuove prospettive in Sanità Pubblica", Reggio Emilia, 7 Ottobre 2003.
- Convegno "ORDET: i risultati di una strategia per lo studio del tumore della mammella", Milano, 30 Settembre 2004
- Convegno "Alimentazione, Nutrizione e Qualità della vita nell'anziano", Milano, 26 Novembre 2004.
- Corso residenziale "Alimentazione e attività fisica", Imola, 13 Maggio 2005
- International Conference on health benefits of mediterranean style diet, Roma, 18-21 Maggio 2005
- Convegno "Nutrizione e diabete", Milano, 24 Febbraio 2006
- Convegno "Alimentazione e prevenzione: la dieta Mediterranea ed oltre", Modica, 14-15 Marzo 2008.
- Convegno "La Nutrigenomica: limiti e possibilità per nuove indicazioni nutrizionali", Bologna, 3 Aprile 2009.
- Convegno "Triple-negative breast cancer: a new disease entity or a new protocol entity" Milano, 24 Aprile 2009
- European EPIC Conference on Nutrition, Lifestyle and the Prevention of Obesity and Chronic Disease, Barcellona, 22-23 Ottobre 2009.
- Convegno "Nutrizione, la pietra d'angolo. Fabbisogni nutrizionali e salute nell'epoca del genoma", Firenze, 11-12 dicembre 2009
- Convegno "Sostanze tossiche negli alimenti: un approccio multidisciplinare", Parma 9 Luglio 2010.
- WCRF International Conference: Nutrition, Physical Activity & Cancer prevention, London, 12-13 Settembre 2010
- Conferenza Nazionale sulla Ricerca Sanitaria, Cernobbio, 8 Novembre 2010
- Convegno "Nutrizione, Attività Fisica, Benessere", Milano 25-26 Novembre 2010
- Forum Internazionale sull' Alimentazione e Nutrizione, Milano 30 Novembre e 1 Dicembre 2010
- Convegno "Nutrizione e Rischio Cardiovascolare", Napoli 12-13 Ottobre 2011

- Seminario "Dallo Spettro dei disordini correlati ad una nuova entità clinica: La sensibilità al glutine", Napoli 12 Ottobre 2011
- Convegno "Epidem&OMICS: The "omics" era of cancer epidemiology" Madrid 28-29 Novembre 2011
- Forum Internazionale sull'Alimentazione e Nutrizione, Milano 30 Novembre e 1 Dicembre 2011
- Simposio "Alimentazione e Ambiente: legami tra indicazioni nutrizionali e impatti ambientali", Bologna 22 Ottobre 2012
- Congresso Nazionale SINU "Livelli di assunzione di riferimento di nutrienti e energia per la popolazione italiana", Bologna 22-23 Ottobre 2012
- Convegno "Prebiotici e Probiotici: dalla tecnologia alla clinica", Novara 14 Dicembre 2011
- Convegno "Il comportamento alimentare: aspetti preventivi in pediatria", Milano 24 Settembre 2016
- Congresso "MIBIOC - The way of the microbiota in cancer", Milano 21-22 Settembre 2019
- Workshop online organized by National Institutes of Health (NIH): "Nutrition as Prevention for Improved Cancer Health Outcomes on July 26–28, 2022"

Corsi:

- Corso di base "Tumori solidi nell'infanzia". Milano, 20-21 Novembre 1997
 - Corso teorico pratico "Scientific Writing: Grant proposal Preparation", Milano 20-24 Aprile 1998. Milano 20-24 Aprile 1998.
 - Corso "European Educational Program in Epidemiology", Firenze 22 giugno-10 luglio 1998.
 - Corso "International Course of Molecular Epidemiology", Torino 8-13 Novembre 1999.
 - Corso di approfondimento "Encefalopatie Spongiformi", Azienda Ospedaliera "G.Salvini", Garbagnate Milanese 8 Febbraio 2001.
 - Corso "Mediterranean School of Epidemiology". Capo Rizzuto 9-13 Settembre 2001.
 - Partecipazione al corso "IARC International Course on Epidemiological Research in Nutrition and Cancer". Lione 8-13 Dicembre 2003
 - Partecipazione workshop "Recommendations on a trans-European dietary assessment method among children". Gentofte 24-25 maggio 2007
 - Partecipazione al corso "Advanced Diabetes Workshop", Utrecht 25-27 Febbraio 2009.
 - Partecipazione al corso "Translation of genetic variation to gene function in biology, clinical medicine and public health", Stoccolma 3-6 Settembre 2009.
 - Corso "La ricerca in ambito sanitario: progettazione, gestione e fonti di finanziamento", Milano 12, 19, 26 Settembre 2011
 - Corso "Dietary Sugars, Obesity and Metabolic Disease Risk", Berlin, 29-30 Giugno 2015
 - Corso "Obesity, Physical Activity and Cancer", London, 1-2 Settembre 2016
 - Corso "Epidemiology for clinical research introduction to the advanced training course in clinical epidemiology, Milano 14 Settembre 2016
- Capacità di uso operativo dei seguenti software: DBASE, SPSS, STATA, ACCESS, EXCEL.

Pubblicazioni (h-Index 77- Scopus Aprile 2025):

Abstract:

1. G.Finzi, M.Salvadore, B.Frigerio, **S.Sieri**, M.Padovani, C.Capella. Localizzazione immunocitochimica ultrastrutturale del Pepsinogeno II (PGII), nella prostata e nelle vescichette seminali. Atti del XX Congresso di Microscopia Elettronica, Rimini 1995.
2. M.Salvadore, B.Frigerio, **S.Sieri**, G.Finzi, A.Bono and C.Capella. Correlation of UEA-I Lectin staining and of pepsinogen II and p53 Immunocytochemistry with survival in Prostate Carcinomas. Il Friuli Medico, Alpe Adria Journal of medicine, Anno 50-n.1-2,1995.
3. V.Krogh, **S.Sieri**, A.Russo, D.Palli, S.Panico, R.Tumino, P.Vineis and F.Berrino, on behalf of Epic group. Identification of different dietary patterns in Epic Italy. Atti del XV International Scientific Meeting of the International Epidemiological Association, Florence 1999.
4. **Sieri S**, Agudo A, Kesse E, Klipstein-Grobusch K, San-José B, Welch AA on behalf of EPIC group. Pattern of alcohol consumption in EPIC cohorts from ten European countries. Atti European conference on Nutrition & Cancer, Lyon 2001, France.
5. **Sieri S.**, Krogh V., Muti P., Micheli A., Pala V. , Tagliabue G., Evangelista A., Foggetti C. and Berrino F. Fat and protein intake and subsequent breast cancer risk in postmenopausal women. Atti European Conference: highlights from EC research programmes HEALFO conference)- Food & Nutrition for Better Health, Santa Maria Imbaro, Lanciano 2001
6. Barba G., Strazzullo P., **Sieri S.**, Krogh V., Venezia A., Grimaldi C., Perillo C., Russo P. and Siani A. Dietary ascorbic acid and blood pressure in hypertensive men: results of the Olivetti Heart Study. Atti European Conference: highlights from EC research programmes HEALFO conference)- Food & Nutrition for Better Health, Santa Maria Imbaro, Lanciano 2001
7. Pasanisi P., Berrino F, Bellati C, **Sieri S.**, Krogh V . Validity of the Italian EPIC questionnaire to assess past diet. Atti European conference on Nutrition & Cancer, Lyon 2001, France.
8. Salvini S., Saieva C., **Sieri S.**, Vineis P., Panico S., Tumino R., and Palli D. Physical Activity in the EPIC-ITALY study. Atti European conference on Nutrition & Cancer, Lyon 2001, France
9. Micheli A, Muti P., Krogh V., Mugno E., **Sieri S.**, Pala V., Meneghini E., Cifalà A., Berrino F. ORDET: fattori di rischio in donne in postmenopausa in uno studio prospettico. Xxvi Reunion Du Groupe Pour L'epidemiologie Et L'enregistrement Du Cancer Dans Les Pays De Langue Latine, Neuchâtel SUISSE) 24-25 Mai 2001.
10. Micheli A, Meneghini E., Muti P., Secreto G., Mugno E., Krogh V., Massimiliani E., Tagliabue G., **Sieri S.**, Pala V., Berrino F. ORDET: metodi e risultati innovativi nello studio del rischio ormonale di tumore della mammella TM) in età fertile. XXVII REUNION DU GROUPE POUR L'EPIDEMIOLOGIE ET L'ENREGISTREMENT DU CANCER DANS LES PAYS DE LANGUE LATINE, Napoli- Castel dell'Ovo 8-10 Maggio 2002.
11. **Sieri S**, Krogh V, Berrino F, Evangelista A, Agnoli C, Brighenti F, Palli D, Masala G, Sacerdote C, Veglia F, Tumino R, Frasca G, Grioni S, Pala V, Mattiello A, Chiodini P, Panico P. A prospective study of dietary glycemic load and index and risk of coronary heart disease in a large Italian cohort : the EPICOR study. Barcellona 22-23 Ottobre 2009.
12. Agnoli C, Krogh V, Berrino B, Grioni S, **Sieri S**, Palli D, Masala G, Sacerdote C, Vineis P, Tumino R, Frasca G, Pala V, Chiodini P, Mattiello A, Panico S. A priori - defined dietary patterns and risk of stroke in the EPICOR study. Barcellona 22-23 Ottobre 2009.
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Milano, 10 Maggio 2025