



**INSTRUCTIONS FOR THE COLLECTION OF URINE  
FOR CYTOLOGIC EXAMINATION**

1. Please buy at a pharmacy 3 special containers with ethyl alcohol (70 or 50%) to collect the samples.
2. Discard the first morning urine and then collect the urine of the 3 following hours in a clean large container which does not need to be sterile. To ease the collection of urine we suggest to drink a glass of water every 30 minutes for 3 hours.
3. After collecting the 3 hours urine, shake well the large container and fill up one of the 3 special containers you have bought with the collected urine and ethyl alcohol (70 or 50%) in equal amounts.
4. Repeat the morning urine collection for 3 consecutive days.
5. Each container should be identified with the patient's name and date of collection and should be refrigerated at +4°C during the collection time until the delivery to the Pathology Reception Desk, 1<sup>st</sup> floor (opening hours: 8.00-13.00 and 14.15-15.50 from Monday to Friday ).

You should add:

- a) Clinical data
- b) Previous surgery
- c) Previous or current treatments (actinotherapy, chemotherapy etc)