



# ILARIA GRANDE

Applicant as Support Coordinator for Clinical Trials Center

## SUMMARY

I'm a biologist nutritionist with a little experience in clinical research, which has played a key role to get to know this world, giving me a strong will and an high motivation to work in this field. I am willing to move to Milan immediately.

## PERSONAL INFORMATION

## EDUCATION

[Jul 2018] Qualification as a Biologist Nutritionist - Università della Calabria, Cosenza

[Jan 2016 - Sep 2017] Master's Degree in "Food Science" - Università degli Studi di Firenze, Firenze

**Main subjects:** human nutrition, gastroenterology, human physiology. Final Thesis' Title: " Benefits of Mediterranean diet for treatment and prevention of many diseases: internship at a nutritional clinic". Final mark 110/110

## CLINICAL RESEARCH EDUCATION

[Mar - Apr 2021] Clinical Research Training Course "Missione CRA" (ClinOpsHub, Yghea CRO) 50 hours Clinical Research training course as per the Ministerial Decree 15.11.2011

**Topics:** Methodology and Regulation of clinical trials;

- Good Clinical Practice (ICH-GCP);
- Standards for Good Manufacturing Practice (GMP);
- Pharmacovigilance, Quality Systems and Quality Assurance (QA);
- Tasks of Monitors referred to paragraph 5.18 of Annex 1 to the Ministerial Decree July 15, 1997 (including Pre-study Visits, Site Monitoring Visit and Close Out Visit);
- Regulation (EU) N° 536/2014-Chapter I and II;
- Workshop on Site selection, Pre-study Visit, Essential Documents, Drug Accountability; Site Visits simulation (PSV, SIV and SMV);
- Tasks of Clinical Research Coordinator.

## WORK EXPERIENCE AND SKILLS

[Feb 2020 - Feb 2021] Universal Civil Service at "AVIS" Associazione Volontari Italiani del Sangue - Via Crati 31/C, Rende (CS)

**Tasks:** I supported my colleagues in organizing blood collections, in recruiting doctors and nurses available for the donation day and in managing accounting of the association.

**Acquired Skills:** I proved my colleagues to be **precise, reliable and trustworthy** in doing the requested tasks, especially in accounting matters.

05/08/21  
Ilaria Grande



## EDUCATION

[Oct 2011 - Oct 2015] Bachelor's Degree in "Science of Human Nutrition" - Università della Calabria, Cosenza

**Main subjects:** chemistry, biology, biochemistry, pharmacology, pharmacotherapy.

## OTHER SKILLS

**Language:** Italian - Mother tongue; Good knowledge of English, both spoken and written. First Certificate in English – B2 Level from Cambridge Assessment English, released in June 2019.

**Digital Skills:** Very good command of Microsoft Office Package (Excel, PowerPoint, Word, Outlook).

**B Driving License**

## OTHER INTERESTS

I'm passionate about traveling and scientific topics. I love going to theatre and I have a Modern Dance Diploma. Also, I'm very keen on yoga practice.

## PRIVACY

I authorise the use of my personal data in compliance with the Art. 13 of T.U. N°196 from 2003 – EU Regulation 2016/679.

## WORK EXPERIENCE AND SKILLS

[Sep 2018 - Sep 2019] Home Tutoring for high-school and university students - Cosenza

**Tasks:** I tutored some students helping them with different scientific subjects.

**Acquired Skills:** this experience was very helpful in improving skills such as **patience**, **active listening** and communication.

[Oct 2017 - Mar 2018] Traineeship as clinical research assistant - Department of Nutrition, Exercise and Sports - University of Copenhagen - Rolighedsvej 26, Frederiksberg, Copenhagen (Denmark)

**Tasks:** I was involved in the practical work of different **clinical obesity trials** regarding regulation of energy intake, eating behavior and subjective assessments of appetite. According to the trial's **SOPs**, I independently took anthropometric measurements, **organized the visits** for the study participants, giving them the IMP. I also **collected data** by using the Software Easytrial. Moreover I observed how to use DXA and how indirect calorimetry and respiratory chamber work.

**Acquired Skills:** this experience gave me the chance to work with people from all over the world, being comfortable in working both on my own or as a part of a team. Due to the different tasks I was involved in, I increased my sense of **responsibility**, my **time-management** and **problem solving skills**. Precision, reliability and **strong planning skills** were essential to perform these tasks, along with a **great attention to details**.

[Jan 2016- Jun 2016] Internship as a nutritionist - Studi Medici, Piazza Matteotti 11, Scandicci (FI)

**Tasks:** I helped in drafting personalized diets, in giving nutritional counseling and in testing bioimpedentiometry.

**Acquired Skills:** I improved my **communication skills** to different target audiences.

05/08/21

Dave Grande