



Name: Nicola
Surname: Sonzogni

EMPLOYMENT HISTORY: WORK EXPERIENCES AND INTERNSHIPS	
September 2020 to date High school teacher	
<i>Employer</i>	Centro Studi Leonardo Da Vinci, Bergamo
<i>Job description</i>	High school teacher: natural science; human anatomy, physiology and health
January 2020 to December 2021 Istituto Nazionale dei Tumori (Postgraduate School, non doctors)	
<i>Employer</i>	Istituto Nazionale dei Tumori, Milano Head of Centre: C. Gavazzi MD; S. Della Valla MD
<i>Job description</i>	Data collection and management in clinical research: observational studies in adult populations; solid tumours ; studies monocentric and multicenter
December 2018 to date High school teacher	
<i>Employer</i>	Azienda Bergamasca Formazione, Bergamo
<i>Job description</i>	High school teacher: food science; human anatomy, physiology and health
January 2019 – December 2019 Residency – Centre for Parkinson's Disease and Movement Disorders (Postgraduate School, non doctors)	
<i>Employer</i>	Centro Parkinson ASST G. Pini-CTO, Milano Head of Centre: M. Barichella MD
<i>Job description</i>	Multidisciplinary team for the treatment of Parkinson's disease, enteral / parenteral nutrition, use of indirect calorimetry, body composition assessment with bioimpedance analysis (BIA)
June 2018 – October 2018 Residency – Eating Disorder Clinic – (Postgraduate School, non doctors)	
<i>Employer</i>	Villa Miralago, Cuasso al Monte (VA) Head of Centre: E. Dozio MD
<i>Job description</i>	Multidisciplinary team for the treatment of eating disorders, use of BIA, indirect calorimetry and analysis of food diaries.
January 2018 – December 2018 Residency – Department of Diabetes, Endocrinology and Metabolism (Postgraduate School, non doctors)	
<i>Employer</i>	Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico; Milano Head of Centre: M. Arosio MD PhD; E. Orsi MD
<i>Job description</i>	Nutrition counselling Anthropometric evaluation Nutrition counselling for patients with DM1 and DM2 (software My Star Connect)

From January 2018 to date Self-Employed	
<i>Employer</i>	Private practice: Dietician at "Centro Medico Sant'Agostino" Medical Centre – Milan, Bergamo
<i>Job description</i>	General nutrition counselling Nutrition education Specialized in obesity and eating disorder
From March 2010 to December 2018 Niniva Lounge Bar and Restaurant	
<i>Employer</i>	Fabio Vanini S.R.L, Almè (BG)
<i>Job description</i>	Waiter

EDUCATION AND TRAINING

<i>Clinical Research Training Course</i> October – November 2021	"Missione CRA" (ClinOpsHub, Yghea CRO) 50 hours Clinical Research training course as per the Ministerial Decree 15.11.2011. Topics: Methodology and Regulation of clinical trials; ICH-GCP, GMP; Pharmacovigilance; Quality Systems and Quality Assurance (QA); Tasks of Monitors referred to paragraph 5.18 of Annex 1 to the Ministerial Decree July 15, 1997; Tasks of Clinical Research Coordinators; Regulation (EU) N° 536/2014-Chapter I and II; Workshop on Site Selection, Pre-Study Visit, Essential Documents, Drug Accountability; Site visits simulation (PSV, SIV and SMV)
<i>Postgraduate School</i> January 2022	Nutrition Science (Final Grade 70/70 with honors) Università degli Studi di Milano, Italy Dissertation: "Study of the gut microbiota and eating habits in patients with advanced melanoma"
<i>Training Course</i> May 2019	HACCP Training Consultant Hideea, Rome
<i>Teacher Training</i> September 2017 – January 2019	Teacher Training (For 24) Università degli Studi di Milano, Italy
<i>Proficiency course</i> October – November 2017	"Medical practice guidelines" course Università degli Studi di Milano (Italy) in partnership with GRADE Center Italy and Mc Master University
<i>State Licence</i>	Licensed for the practice of Biology Università degli Studi di Catania, Italy Passed in February 2017 Enrolment number: AA_077808
<i>Master of Science</i> (November 2015)	Human Nutrition (Final Grade: 103/110) Università degli Studi di Milano, Italy Dissertation: The relationship between Anorexia nervosa and human gut microbiota: pilot study"

<i>Bachelor Degree</i> (November 2012)	Dietetics (Final Grade: 100/110) Università degli Studi di Milano, Italy Dissertation: "A reason to change. Inclination to changing lifestyle in patients with Diabetes Mellitus type 2"
<i>High School Diploma</i> (July 2007)	Technical Institute – Specialization in Nutrition Technologies Istituto Tecnico Industriale Giulio Natta (Bergamo, Italy)

SKILLS

Communication skills	Ability to work independently and in team: I am an excellent team worker and am able to take instructions from all levels and build up good working relationships with all colleagues														
Critical thinking and analytical skills	Able to break down complex concepts into easy to understand scientific language. Picks things up quickly and enthusiastically applies to task at hand. Data Accuracy: I have learn the importance of precision and integrity. I am well organized and always plan ahead to make it sure I can manage my time well. I am able to work well under pressure and adhere to strict deadlines. I am able to set priorities and focus on my goals. Problem solving: I can come up with creative and effective solutions to specifics problems.														
Languages	Mother tongue: Italian <table><tr><td>Language</td><td>Listening</td><td>Reading</td><td>Writing</td><td>Speaking</td></tr><tr><td>English</td><td>Intermediate</td><td>Intermediate</td><td>Intermediate</td><td>Intermediate</td></tr></table>					Language	Listening	Reading	Writing	Speaking	English	Intermediate	Intermediate	Intermediate	Intermediate
Language	Listening	Reading	Writing	Speaking											
English	Intermediate	Intermediate	Intermediate	Intermediate											
IT Skills	GraphPad Software; Microsoft Office (Word, Excel, Power Point); Windows and Mac OS, My Star Connect														
Travels	Willing to travel nationally and internationally														
Other	Member of the association “Nutrimente Onlus” for the prevention and treatment of eating disorders														

Bergamo, 17/01/2022

